



# **INDEX**

FOOD	1
Children's Programs	1
Community Meals	2
Food Benefits & Assistance	3
Food Banks & Pantries	4
Meal Delivery Services	6
Other Food Assistance Services	6
CLOTHING, HOUSEHOLD, & BABY ITEMS	<b>7</b>
Baby Items & Assistance	8
Clothing	8
Household Items	9
HOUSING	10
Rental Assistance	10
Mortgage Assistance	11
Other Housing Assistance	11
Shelters	12
DOMESTIC VIOLENCE AND ABUSE	13
UTILITIES	14
Electric	14
Energy Assistance For Seniors And/Or Those With Medical Needs	15
General Utility Assistance	16
Phone And Internet	17
Personal/Medical Emergency Response Systems	18
ADULT EDUCATION AND JOB TRAINING/PLACEMENT	19
Adult Education	19
English As A Second Language	20
Job Training And Placement	20
Budgeting And Self Sufficiency Classes/Support	21
HEALTHCARE	22
Health	22
Pharmacies And Prescriptions	24
TRANSPORTATION	25
SOCIAL ISOLATION	26
MILITARY SUPPORT	27
LEGAL SERVICES	28

# **FOOD**

#### 211

Dial 211 from any phone for free information about other community resources.

# **CHILDREN'S PROGRAMS**

#### **Building Pride in Chambersburg, Inc. (BOPIC)**

Any child who qualifies for free/reduced meals in school can receive fresh nutritional foods during the summer months. Also teaches healthy eating, buying, and preparation.

717-263-2100

#### **Hound Packs for Shippensburg School District Students**

Provides a backpack of 7 weekend meals during the school year for Shippensburg School District students with food insecurity. Call to enroll.

717-477-1961

#### Power of Produce (POP)

Children ages 3-12 receive \$2 in tokens each week to spend on fresh produce at the North Square Farmer's Market. This program is held Saturday mornings from mid-May through October.

717-264-1470

#### **Shippensburg Community Resource Coalition**

Provides meals and healthy living education to help ensure Shippensburg area children have their nutritional needs met during the summer break from school.

717-477-1961

### **Shippensburg Produce and Outreach (SPO)**

Provides fresh, healthy, perishable food items to residents in the Shippensburg Area School District that meet income guidelines. Every Tuesday from 4-6PM.

Call first, must be registered.

Shippensburg, PA 717-477-9100

#### **Summer Learning Program**

Offers free activities, breakfast, and lunch for 7 weeks in the summer. Monday through Friday from 8:30 am-12 pm. Call to register and find out dates for the summer. Shippensburg Community Resource Coalition, Shippensburg, PA • 717-477-1961

# **COMMUNITY MEALS**

#### **Chambersburg Church of the Brethren**

A community dinner is served on the first Wednesday of each month at 5:15 pm.

Free to the community.

260 S. Fourth Street, Chambersburg, PA 17201 • 717-264-6957

#### **Chambersburg Mosaic Church of the Nazarene**

Free breakfast on the second Saturday of each month from 8 am-11 am. Meals are made-to-order. Food pantry also available, call for times.

560 Black Avenue, Chambersburg, PA 17201 • 717-414-8024

#### **Christ United Methodist Church, Shippensburg**

Offering a to-go style meal the first Tuesday of every month at 5:30pm.

Use Apple Street to enter and come to the downstairs door to grab your meal.

47 E. King Street, Shippensburg, PA 17257 • 717-532-6850

#### **Christ United Methodist Church, Waynesboro**

A free community dinner is served to residents of Waynesboro from September-May, usually on the second and fourth Thursday of each month at 5:15 pm.

100 S. Church Street, Waynesboro, PA 17268 • 717-762-7011

#### Falling Spring Presbyterian Church, Chambersburg

A community dinner is served every Sunday at 5 pm. 221 N. Main Street, Chambersburg, PA 17201 • 717-264-5715

#### First United Methodist Church, Chambersburg

A community meal is served Thursdays at 5 pm. Children 5th grade and younger are invited to attend a children's program, and prayer is offered for those who request it.

Dinner is held in the Family Life Center immediately following the worship service.

225 S. Second Street, Chambersburg, PA 17201 • 717-263-8491

#### **Grace United Church of Christ, Shippensburg**

A community dinner is held every third Monday of the month 5-6 pm. 121 East Orange Street, Shippensburg, PA 17257 • 717-532-6221

### Messiah United Methodist Church, Shippensburg

A community meal is served every second and fourth Tuesday of the month at 5:30 pm. 30 S Penn Street, Shippensburg, PA 17257 • 717-532-4904

#### **Prince Street Church**

A community meal is served the first and third Thursday of each month at 5:30 pm. 20 N Prince Street, Shippensburg, PA 17257 • 717-532-8404

#### Salem United Brethren Church

Offers a hot meal, support, and encouragement for families and friends of current and previous inmates. Held on the first and last Fridays of each month from 5 pm-8 pm. 4349 Letterkenny Road, Chambersburg, PA 17201 • 717-263-4123

# **COMMUNITY MEALS (CONTINUED)**

#### St. Andrew's Episcopal Church

Serves a free meal on the first, second and fourth Mondays of the month, 4:30 pm-6 pm. 206 E. Burd Street, Shippensburg, PA 17257 • 717-532-8421

#### St. Seraphim Orthodox Center

A community lunch is served on Thursdays and Saturdays from 10 am-1 pm. 148 Lincoln Way East, Chambersburg, PA 17201 • 717-263-2006

#### The Lunch Place

Serves a hot, nutritious meal to the community every day, Monday-Friday from 11:30 am - 12:30 pm.

100 S. Church Street, Waynesboro, PA 17268 • 717-762-7011

# The Salvation Army

Serves lunch Sundays, Mondays, Tuesdays, Wednesdays, and Fridays. Meals are served from 11 am-12 pm. Closed the first and fifth Sundays of the month.

159 Lincoln Way West, Chambersburg, PA 17201 • 717-264-6169

#### **Trinity Episcopal Church, Chambersburg**

A community breakfast is served every Thursday from 8 am-9 pm, and each person also receives a sack lunch to take with them. Held in the Parish Hall behind the church.

58 S 2nd Street, Chambersburg, PA 17201 • 717-264-6351

### **FOOD BENEFITS & ASSISTANCE**

#### **Central Pennsylvania Food Bank**

Organized to solicit surplus food from local industry and effectively distribute these foods throughout a network of community organizations including food pantries, soup kitchens, and shelters. Also provides SNAP outreach services, facilitating client eligibility screenings and COMPASS applications.

717-564-1700

# Central Pennsylvania Food Bank Food Stamps Helpline

SNAP outreach associates screen households and individuals through a toll-free number to see if they qualify for SNAP benefits (food stamps). After the screening, application assistance is provided.

877-999-5964

### Franklin County Assistance Office

Those eligible for SNAP benefits receive an EBT ACCESS card to purchase food at grocery stores.

877-289-9177

#### Help Hotline - Blue Ridge Summit

Provides assistance with clothing banks, food banks, and limited utility bill assistance for residents of Blue Ridge Summit.

717-762-9050

# **FOOD BENEFITS & ASSISTANCE (CONTINUED)**

#### **PathStone Corporation Chambersburg**

Serves the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services.

Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

# **FOOD BANKS & PANTRIES**

#### **Antrim Brethren in Christ Church**

Call to be given a pickup date and time. Must be a resident of the Greencastle-Antrim, Tuscarora, or Marion School District and show proof of identification and residency.

24 Kauffman Road East, Chambersburg, PA 17202 • 717-816-0024

#### **Central Pennsylvania Food Bank**

Organized to solicit surplus food from local industry and effectively distribute these foods throughout a network of community organizations including food pantries, soup kitchens, and shelters. Also provides SNAP outreach services, facilitating client eligibility screenings and COMPASS applications.

717-564-1700

#### **Chambersburg Mosaic Church of the Nazarene**

Food pantry available; call for times. 560 Black Avenue, Chambersburg, PA 17201 • 717-414-8024

#### Christ United Methodist Church, Waynesboro

Open to Waynesboro area residents. Each household may visit once per month and fill two grocery bags. Call to schedule your pickup.

100 S Church Street, Waynesboro, PA 17268 • 717-762-7011

#### Falling Spring Presbyterian Church, Chambersburg

Emergency food pantry to help until regular food sources become available. 221 N Main Street, Chambersburg, PA 17201 • 717-264-5715

#### First United Methodist Church, Chambersburg

Open Tuesdays 9 am-1 pm and Thursdays 9 am-5 pm, in the main lobby (back parking lot entrance). Each household can receive one bag of groceries per month. Must show photo ID. 225 S. 2nd Street, Chambersburg, PA 17201 • 717-263-8491

#### **Five Forks Brethren in Christ Church**

Two bags of groceries per month per household. Call to schedule your visit. 9244 Five Forks Road, Waynesboro, PA 17268 • 717-762-2991

# **FOOD BANKS & PANTRIES (CONTINUED)**

#### King's Kettle Food Pantry

Food is distributed the first, second, and third Tuesday of each month from 5 pm-6:30 pm. 30 North Fayette Street, Shippensburg, PA 17257 • 717-530-9200

#### Maranatha Ministry, Inc.

Food is distributed on most Tuesdays and Thursdays from 7:45 am-10:30 am.

Doors open at 6:15 am.

195 W Loudon Street, Chambersburg, PA 17201 • 717-264-7785

#### Salem United Brethren Church, Chambersburg (Pete's Pantry)

Food is distributed Mondays and Wednesdays from 9 am-1 pm, except the third Wednesday of each month when the hours are 3 pm-7 pm. Anyone may receive a one-time emergency distribution, but two forms are required for regular monthly distribution. Call for information. 4349 Letterkenny Road, Chambersburg, PA 17201 • 717-816-2087

#### **Shippensburg Produce and Outreach (SPO)**

Provides fresh, healthy, perishable food items to residents in the Shippensburg Area School District that meet income guidelines. Every Tuesday from 4-6PM,

Call first, must be registered.

Shippensburg, PA • 717-477-9100

#### South Central Community Action Programs (SCCAP), Franklin County

Manages the Gleaning Project and the Chambersburg, Fayetteville, Greencastle, Orrstown, and St. Thomas food pantries. Call for more information. 717-263-5060

#### St. Paul United Methodist Church, Chambersburg

Provides food to families once a month. Call for information. 750 Norland Ave, Chambersburg, PA 17201 • 717-267-3085

#### **Valley Ministries**

Serves those in the Fannett-Metal School District and adjoining townships. Food is distributed the first Wednesday of the month from 10 am-1 pm. Call for more information. 20344 School Road, Dry Run, PA 17220 • 717-349-0067

#### **Waynesboro Community & Human Services**

Provides a choice food bank where you can pick out what you and your family can use once per month.

123 Walnut Street, Waynesboro, PA 17268 • 717-762-6941

#### www.fullcart.org

Virtual Food Bank that provides food with dignity and discretion for families in need.

Simply apply online for a box of food.

# **MEAL DELIVERY SERVICES**

#### Central Pennsylvania Food Bank Elder Share Supplemental Food Program

A monthly box of food for people ages 60 and over who are at or below 130% of the federal poverty level.

717-724-3188

#### **Chambersburg Meals on Wheels**

Each weekday (with exceptions for holidays) meals are delivered to home-bound, elderly, and disabled residents.
717-263-7228

#### Franklin County Area Agency on Aging

Home delivered meal services run Monday through Friday. 717-263-2153

#### **Shippensburg Meals on Wheels (Cumberland County)**

Hot meals are delivered to home-bound, elderly, and disabled residents. 717-261-6615

### OTHER FOOD ASSISTANCE SERVICES

#### **Christ Among Neighbors**

Assistance for Shippensburg residents. Call for information. 130 S. Penn Street, Shippensburg, PA 17257 • 717-532-7577

#### Franklin County Assistance Office (Welfare Office)

Assistance with County benefits including SNAP (food stamps). 620 Norland Avenue, Chambersburg, PA 17201 • 717-264-6121 or 800-921-8839

#### **Second Chance Ministry**

Food assistance and Thanksgiving meals are available. Call for information. 717-404-2414

#### **WIC of Franklin County**

Pregnant women or women with babies or children under 5 can receive assistance with infant formula and breastfeeding support, healthy foods monthly and nutrition information, health and social services referrals.

533 S Main St, Chambersburg, PA 17201 • 717-263-0802

#### www.fullcart.org

Virtual Food Bank that provides food with dignity and discretion for families in need.

Simply apply online for a box of food.

# CLOTHING, HOUSEHOLD & BABY ITEMS

#### 211

Dial 211 from any phone for free information about other community resources.

#### Circle of Love, Shippensburg

Community outreach program-neighbors donate and those in need benefit. No judgement; no cost. Offering clothes, toys, shoes, baby equipment, and personal care items.

717-372-1112

#### Little Daisy's Closet

No cost clothing, shoes, household items, toiletries, personal care items, and more.

No judgement or discrimination - if you need it, you are welcome to it.

Open for shopping on Tuesdays and Thursdays from 12 pm-4 pm.

1613 Orchard Drive, Chambersburg, PA 17201 • 717-414-2646

#### Katie's Place

130 S. Penn St., Shippensburg, PA 17257 • 717-477-9100

#### **Shippensburg Produce and Outreach**

Free diapers and personal care items for those in need. Must call first to register. 717-477-9100

#### **Valley Ministries**

Low-cost clothing for all ages from prom dresses to work boots. A bag of clothes can be purchased for \$5. Household items and toys are also available for very low prices. Purchases help to fund the food pantry.

20344 School Road, Dry Run, PA 17220 • 717-349-0067

# **BABY ITEMS & ASSISTANCE**

#### Central Presbyterian Church, Chambersburg

Provides free diapers, baby and child clothing, and fresh produce to families in need. 40 Lincoln Way W., Chambersburg, PA 17201 • 717-264-4113

#### Chambersburg Fire Department Child Safety Program

Free car seat safety checks and installation. Rental car seats are available on a limited basis through PennDot. Seats are \$10 to rent, and \$5 is refunded when the seat is returned. Call to schedule an appointment.

Cribs for Kids provides a crib and safe sleep education to families with babies up to age 9 months who demonstrate financial need. Call for more information and press option 1.

A free event is held the first Saturday of the month, rain or shine, at the fire station. A safety topic and fire prevention materials are available, as well as information on the above programs.

130 N. Second Street, Chambersburg, PA 17201 • 717-263-5872

#### **Early Learning Resource Center**

Offers assistance with finding affordable, quality childcare. 533 South Main Street, Chambersburg, PA 17201 • 717-263-5060

#### **Pregnancy Ministries**

By attending educational classes about infant care, healthy choices, labor & delivery, etc. mothers and expectant mothers can earn baby formula, baby furniture, diapers, baby clothes, and more.

338 Lincoln Way East, Chambersburg, PA 17201 • 717-267-3738

# **CLOTHING**

#### **Christ Among Neighbors**

Provides clothing assistance to Shippensburg residents. Call for information. 130 S. Penn Street, Shippensburg, PA 17257 • 717-532-7577

#### **Christ United Methodist Church, Shippensburg**

Clothing bank open Saturdays from 9:30 am-10:30 am. 47 E. King Street, Shippensburg, PA 17257 • 717-532-6850

#### **First United Methodist Church**

Provides clothing assistance. Call for an appointment. 225 S. Second Street, Chambersburg, PA 17201 • 717-263-8491

# **CLOTHING (CONTINUED)**

#### **Five Forks Brethren in Christ Church**

Provides clothing assistance. Call for an appointment. 9244 Five Forks Road, Waynesboro, PA 17268 • 717-762-2991

#### Help Hotline - Blue Ridge Summit

Provides assistance with clothing banks, food banks, and limited utility bill assistance for residents of Blue Ridge Summit.
717-762-9050

#### **Newburg United Methodist Church**

A community clothing store offering affordable clothing by the bag for all ages. A brown grocery bag (provided) can be filled for \$2, winter coats \$2, jackets \$1, shoes 25 cents, Open Wednesdays and Saturdays 9 am-12 pm and Thursdays 6 pm-8 pm. 203 N. High Street, Newburg, PA 17240 • 717-423-6223

#### St. Paul United Methodist Church

Provides clothing assistance. Call for more information. 750 Norland Avenue, Chambersburg, PA 17201 • 717-267-3085

#### The Salvation Army

Provides clothing assistance Monday-Friday 10 am-3:45 pm. 159 Lincoln Way West, Chambersburg, PA 17201 • 717-264-6169

#### **Waynesboro Community and Human Services**

Provides clothing services to Greencastle and Waynesboro residents. Open Monday, Tuesday and Friday 9 am-3 pm, Wednesday 9 am-12 pm, and Thursday 1 pm-6 pm. Closed from 12-1 daily.

123 Walnut Street, Waynesboro, PA 17268 • 717-762-6941

# **HOUSEHOLD ITEMS**

#### **Bountiful Blessings - St. James African Methodist Episcopal Church**

Provides non-food household items to people and families in need (ex: toilet paper, soap, paper towels, etc.). Call for information. 510 S. Main Street, Chambersburg, PA 17201 • 717-264-4225

# HOUSING

#### 211

When beginning your search for housing or rental assistance, please dial 211 from any phone, Monday-Friday 9 am-4 pm. Representatives at this toll-free number can connect you with any of the following resources, and will help you find the one that best meets your current need. You can also visit Franklin County Community Connections at 550 Loudon Street, Chambersburg, PA 17201 Monday-Friday from 9 am-4 pm or call 717-261-3893.

# **RENTAL ASSISTANCE**

#### **Christ Among Neighbors**

Provides assistance to Shippensburg Area School District and the village of Walnut Bottom.
717-532-7577

#### **Five Forks Brethren in Christ Church**

Provides rental assistance to Waynesboro and Greencastle residents. 717-762-2991

#### Franklin County Assistance Office (Welfare Office)

Provides rental assistance. 717-264-6121 or 1-800-921-8839

#### South Central Community Action Program (SCCAP) Homeless Assistance Program

Provides rental assistance and helps clients become self-sufficient. Only referrals by a housing specialist will be considered.

Call 211 or 717-261-3893

#### **Salvation Army**

Provides rental assistance when funds are available. Only referrals by a housing specialist will be considered. Please call 211 or 717-261-3893

Franklin County: 159 Lincoln Way West, Chambersburg, PA 17201 • 717-261-3893 or 211 Cumberland County: 20 E Pomfret St, PO Box 309, Carlisle PA, 17013 • 717-249-1411

#### **Waynesboro Community and Human Services**

Provides rental assistance to Waynesboro and Greencastle residents. 717-762-6941

# **MORTGAGE ASSISTANCE**

#### Pennsylvania Housing Finance Agency Homeowner Assistance Fund

Provides assistance for mortgage and housing-related expenses to help prevent mortgage delinquencies, default, foreclosure, and displacement.

1-888-987-2423

### **OTHER HOUSING ASSISTANCE**

#### Franklin County Housing Authority

Provides public housing assistance. 717-263-4200 or 717-762-7117 or www.fcha.net

#### **Habitat for Humanity**

Helps low-income families become self-reliant by assisting with affordable mortgages. 717-267-1899

#### Low-Cost Apartment/House Finder

www.PAhousingsearch.com or 1-877-428-8844 (Call Monday-Friday 9 am-8 pm)

#### Maranatha Ministries

Provides a transitional housing assistance program to help people become self-sufficient, and assists families in danger of foreclosure. Only referrals by a housing specialist will be considered.

Call 211 or 717-261-1708

#### National Call Center for Homeless Veterans

Free and confidential call center where veterans will receive information about VA homeless programs, healthcare, and other services in their area by trained counselors. 1-877-424-3838 (24 hours a day, 7 days a week)

#### **North Point Veteran's Home**

Transitional housing for homeless veterans. 240-500-3105

#### PAHousingSearch.com

A free service to list and find affordable homes and apartments across Pennsylvania. 1-877-428-8844

#### **PathStone Corporation Chambersburg**

Serves one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

### **SHELTERS**

#### **Bethesda Mission**

Men's Mission: 611 Reily St., Harrisburg, PA 17102 • 717-257-4440 Women's Mission: 818 N 20th St., Harrisburg, PA 17103 • 717-257-4447 Local emergency shelters: 717-238-2851

#### **Candle Heart Ministries**

A recovery home for the homeless, those suffering from addiction, or former prisoners with a goal of helping the individual live an independent, productive life. Only referrals by a housing specialist will be considered.

Call 211 or 717-263-5179

#### **Cold Weather Shelter (Drop-In Shelter)**

Open 7 pm-7 am from December to April. Adults only—no children. 195 Loudon Street, Chambersburg, PA 17201 • 717-262-2143

#### **Domestic Violence Services of Cumberland & Perry Counties**

24 hour hotline: 1-800-852-2102

#### **Hope Center**

A shelter for men 18 and older. 125 N Prospect St., Hagerstown, MD 21741 • 301-739-1165

#### **New Hope Shelter**

A shelter for individuals and families. Only referrals by a housing specialist will be considered.

25 S. Potomac Street, Waynesboro, PA 17268 • Call 211 or 717-762-5840

#### **Shelter of Franklin County**

A shelter for individuals and families. Call first. 223 S. Main Street, Chambersburg, PA 17201 • 717-267-3669 • www.sccap.org

#### Women In Need

Offers shelter for victims of domestic violence and their children. Men may also call. 24 hour hotline: 717-264-4444 or 1-800-621-6660

# **DOMESTIC VIOLENCE & ABUSE**

#### 211

Dial 211 from any phone for free information about other community resources.

#### ChildLine

Call to report suspected child abuse or child welfare concerns. 1-800-932-0313 (24 hours a day, 7 days a week)

#### **Domestic Violence Services of Cumberland & Perry Counties**

1-800-852-2102 (24 hour hotline)

#### **Elder Abuse**

Call to report suspected abuse of elderly or disabled adults. 1-800-490-8505 (24 hour hotline)

#### Franklin County Area Agency on Aging

Supported services to those sixty years of age and older, intended to optimize independence, promote consumer choice, and enhance quality of life.

600 Norland Avenue, Suite 11, Chambersburg, PA 17201

717-263-2153 or 1-800-642-6990 (24 hours a day, 7 days a week)

#### Franklin County Children & Youth

Responsible for assuring the safety and wellbeing of dependent and abused children from birth to age 18.

425 Franklin Farm Lane, Chambersburg, PA 17202 • 717-263-1900 (After hours, call County Control 717-263-1611)

#### Over The Rainbow Children's Advocacy Center

Provides services and support to child abuse victims and suspected abuse victims and their families.

1461 South Main Street, Chambersburg, PA 17201 • 717-504-8491

#### Women In Need

Assistance for victims of domestic violence and their family. Men can also call the hotline. 717-264-4444 or 1-800-621-6660 (24 hour hotline)

# **UTILITIES**

#### 211

Dial 211 from any phone for free information about other community resources.

# **ELECTRIC**

#### **Customer Assistance & Referral Evaluation Services Program (CARES)**

Provides assistance on a short-term basis to payment-troubled residential customers who are experiencing temporary hardship. Based upon circumstances, representatives make referrals to social agencies and/or provide appropriate program information.

1-800-545-7741

#### Low-Income Home Energy Assistance Program (LIHEAP)

Provides help with paying heating bills, and occasionally cooling bills. Funds may be used to pay an electric bill even if electricity is not the main source of heat. There are household income requirements for this program. LIHEAP has two components:

- 1. CASH provides a cash payment directly to the utility, to be applied toward bill reduction if certain guidelines are met.
- 2. CRISIS provides a grant to help avoid shut off of electric service from overdue bills. This grant also can be used to restore service shut off during the winter months. www.compass.state.pa.us or 1-866-857-7095 (Open from October-May)

#### Pennsylvania Customer Assistance Program (PCAP)

Helps residential customers maintain electric service and eliminate their past-due balance by offering a reduced bill that is based on a percentage of income and debt forgiveness. Debt forgiveness credits are applied directly to participants' electric service accounts in recognition of payments that are made on time and paid in full. PCAP participants also are automatically enrolled in the Equal Payment Plan (EPP) – a budget plan that provides the ability to make consistent monthly payments.

Enrollment in the EPP is a requirement for PCAP.

1-888-282-6816

#### Second Chance Ministries

Provides assistance with electric bills for low-income families. 717-404-2414

#### **WARM Program - Low Income Usage Reduction Program**

Helps low-income customers lower electric bills to keep their homes more comfortable in winter and summer months. Available to homeowners and renters with landlord approval.

1-800-406-8074

#### **ENERGY ASSISTANCE FOR SENIORS AND/OR THOSE WITH MEDICAL NEEDS**

#### **Critical Customer Care Program (Medical Needs Assistance)**

Helps customers who use certain electrically operated life sustaining medical equipment in their home, for whom a service interruption could be immediately life threatening, or would make operation of necessary medical or life supporting equipment impossible or impractical - prepare for planned and unplanned power outages. Please call if someone in your home uses this type of medical equipment.

1-800-545-7741

#### **Dollar Energy Fund**

Designed to help residential customers who have suffered a recent financial hardship and need temporary help in paying electric bills. The distribution of funds is administered by community-based organizations throughout the Penelec service territory. Open from October until funds are exhausted.

www.dollarenergy.org or 1-888-282-6816

#### **Medical Certification**

Customers with severe health problems may have a licensed physician certify in writing that a termination of electric service would be especially dangerous. The medical certification will postpone the termination of electric service for 30 days. The certification is designed to provide the customer with additional time to pay their past-due balance. The customer is still responsible for the past-due amount and will be given the opportunity to pay the balance in monthly installments.

#### The Salvation Army, Chambersburg (Senior Heating Assistance)

Assistance is available to help pay heating bills (electric, kerosene, fuel oil). Individuals who are age 60 and over can apply for assistance with their heating bill during the time frame of December 1– April 30.

717-264-6169

# **GENERAL UTILITY ASSISTANCE**

#### **Christ Among Neighbors**

May provide assistance in the form of rental, utility bills, clothing or medical bills. Assistance may include emergency service delivery and/or referrals or consultations to other agencies or organizations to help solve the problem. The serviced areas are defined as the Shippensburg Area School District and the village of Walnut Bottom (zip code 17266 and zip code 17257 on High Mountain Road).

717-532-7577

#### Help Hotline (Blue Ridge Summit)

Provides assistance with clothing banks, food banks, and limited financial assistance with utility bills to those in Blue Ridge Summit .

717-762-9050

#### Maranatha Ministries

Ensures basic needs are met including utilities. 717-261-1708

#### **Newburg First Church of God**

Provides rental or utility assistance to those in zip code 17240. 717-423-6279

#### **Operation Concern**

Provides help with utility payments. 717 261-1328 or 717-261-1708

#### **PathStone Corporation Chambersburg**

Serves the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

#### **Public Utility Commission**

Provides conservation tips and resources. 1-800-692-7380 or www.puc.pa.gov

# **GENERAL UTILITY ASSISTANCE (CONTINUED)**

#### **South Central Community Action Programs, Inc.**

Helps reduce utility costs for eligible individuals and families. 717-263-5060

#### **Waynesboro Community & Human Services**

The Financial Assistance Program assists clients who have a utility shut off, and those in need of first month or late rent payments to prevent homelessness, fuel oil, or prescriptions. WCHS is authorized to complete Dollar Energy applications.

717-762-6941

# **PHONE & INTERNET**

#### **Comcast Essentials**

People who qualify for government benefit programs may be eligible for free or low-cost internet access at home.

1-800-934-6489 or www.internetessentials.com

#### Safelink Wireless—Lifeline

People who receive county benefits qualify for a free phone or internet service.

One phone per household.

1-800-Safelink (723-3546) or www.safelinkwireless.com

#### Additional Free Or Low-Cost Cell Phone Programs:

Access Wireless- 1-888-900-5899
Assurance Wireless- 1-888-321-5880
enTouch Wireless- 866-488-8719
FeelSafe Wireless- 877-247-7799,
Life Wireless- 1-888-543-6320
QLink Wireless- 1-855-754-6543,
StandUp Wireless- 1-800-544-4441
Tag Mobile- 469-450-3507

# PERSONAL/MEDICAL EMERGENCY RESPONSE SYSTEMS

Devices used for emergency response systems (also often known as "Personal Emergency Response Systems" or "Medical Emergency Response Systems") can range from cell phones given to individuals for dialing 9-1-1, to monitoring devices worn as a bracelet or necklace, to sophisticated automated call-and-response systems designed to come to the aid of a person who may not be able to communicate or give a signal for help. These systems typically have a monthly fee but some individuals over 60 may be able to receive assistance from the Area Agency on Aging. To discuss services with the Area Agency on Aging, please call 717-263-2153.

#### Personal Emergency Response Systems:

Alert1- 1-866-294-1787 Life Alarm- 1-800-780-5433 Life Alert- 1-866-696-6336 Lifeline- 1-855-532-7799 Medical Alert- 1-800-281-025 Staar Alert- 1-800-338-7114 Vital-Link- 1-800-338-4825

# ADULT EDUCATION AND JOB TRAINING/PLACEMENT

#### 211

Dial 211 from any phone for free information about other community resources.

# **ADULT EDUCATION**

#### Career Development Services System (CDSS) – US Department of Labor, Job Corps

No-cost education and training that helps low-income individuals between the ages of 16-24 through residential vocational and academic training. Applicant must receive public assistance, earn poverty-level income, be homeless, a foster child, or qualify for free or reduced lunch. Must be a US citizen, resident, or authorized to work in the US.

1-800-733-5627

#### Franklin County CareerTech

Provides low-cost adult education courses and certifications. 717-263-9033 extension 227

#### Franklin County Literacy Council

Provides one-on-one or small group help in areas of Adult Basic Education (ABE) and English as a Second language (ESL) for reading, writing, speaking, math, pre-GED, citizenship, and literacy skills needed to gain or improve employment opportunities for residents 17 and older. Hours: Monday through Thursday, 9:00 am-2:00 pm, Friday, 9:00 am-12:00 pm.

101 East King Street, Chambersburg, PA 17201 • 717-504-4459

#### **Hope Reformed Presbyterian - GED Program**

Free GED classes Wednesday evenings at 6 pm. Program runs two semesters per year for 12 weeks each with free dinner served at 6 pm and class from 6:30-8:30PM.

123 Walnut Bottom Road, Shippensburg, PA • 717-532-8998

#### **House of Grace**

Provides life skills training and mentoring to women ages 18 and older. 717-709-0085

#### Lincoln Intermediate Unit

Offers free classes for adult learners including: GED/high school equivalency and employment skills, reading, writing, math, and/or computer skills, and transition assistance for higher education and/or job certifications.

717-263-2700

# **ENGLISH AS A SECOND LANGUAGE**

#### **Coyle Free Library**

Offers classes for beginners and advanced speakers. 717-263-1054

#### Duolingo

Free online language education: www.duolingo.com/learn

#### Franklin County Literacy Council

Provides one-on-one or small group help in ESL for reading, writing, speaking, math, pre-GED, citizenship, and literacy skills needed to gain or improve employment opportunities for residents 17 and older. Hours: Monday through Thursday, 9:00 am-2:00 pm; Friday, 9:00 am-12:00 pm.

101 East King Street, Chambersburg, PA 17201 • 717-504-4459

#### **House of Grace**

Classes for women. 717-709-0085

#### **King Street Community Center**

Offers classes in English as a second language and citizenship preparation. 717-262-2326

#### **Lincoln Intermediate Unit**

717-504-4455

#### **PA Career Link**

717-264-4584 ext. 4974

## **JOB TRAINING AND PLACEMENT**

#### **AHEDD**

Assists individuals living with a disability in finding employment. 717-494-4007

#### Career Development Services System (CDSS) - US Department of Labor, Job Corps

No-cost education and training that helps low-income individuals between the ages of 16-24 through residential vocational and academic training. Applicant must receive public assistance, earn poverty-level income, be homeless, a foster child, or qualify for free or reduced lunch. Must be a US citizen, resident, or authorized to work in the US.

1-800-733-5627

# **JOB TRAINING & PLACEMENT (CONTINUED)**

#### Occupational Services, Inc.

Assists individuals living with physical or intellectual disabilities, mental illness, or other barriers to employment by providing job training, job coaching, and job placement.

717-263-9293

#### **PA CareerLink**

Offers job training, apprenticeship programs, and job placement assistance. 717-264-4584

#### **SCCAP**

Offers a work-ready program to help individuals overcome barriers to employment. 533 S. Main Street, Chambersburg, PA 17201 • 717-263-5060

#### **United Way of Franklin County**

Offers job training courses throughout the year and job placement assistance. 717-262-0015

# Youth Advocate Programs - Franklin- Pre-Employment Transition Services/ Office of Vocational Rehab

Provides a generalized early start to job exploration. Assists students with disabilities (as documented by an Individualized Education Plan or 504 Plan, or who otherwise consider themselves as a person with a disability) in identifying career interests that may be further explored through individualized Vocational Rehabilitation (VR) services.

Hours: Monday - Friday 8:30 am - 5:00 pm

390 Floral Avenue, PO Box 1093, Chambersburg, PA 17201 • 717-267-7887

# **BUDGETING & SELF SUFFICIENCY CLASSES/SUPPORT**

#### Maranatha Ministry Inc.

Free budgeting classes and counseling for those with low incomes. Budgeting classes provide financial education covering the importance of budgeting, budget setup, using credit wisely, consequences of credit and how to set financial goals.

717-261-1708

#### **SCCAP**

A free program to help families and individuals get of poverty and work toward self-sufficiency. Assists with identifying barriers, budgeting, goal-setting, mentorship, and more. 533 S. Main Street, Chambersburg, PA 17201 • 717-263-5060

# **HEALTHCARE**

#### 211

Dial 211 from any phone for free information about other community resources.

### **HEALTH**

#### Chambersburg Hospital/WellSpan Health

Provides assistance for those who need help paying their bills. The program can be used at the Hospital or any WellSpan healthcare practices.

717-267-7129 (hospital) or 717-263-9555

#### **Cumberland/Perry Mental Health Program**

Offers access to a full range of services for persons with mental health difficulties who live within the two-county area (Cumberland/Perry). Services include Case Management, Peer Specialist, Family Based Services, Crisis Intervention, Supported Employment, Warmline, and more.

To speak with an intake specialist, contact one of the Base Service Units (ask for intake) at Holy Spirit Behavioral Health Center (Camp Hill) at 717-763-2228 or Merakey (Carlisle) at 717-243-6033.

#### **Keystone Health**

Provides a reduced fee program based on income to be used at any of its healthcare practices, and offers free assistance in finding affordable health insurance or government health benefits. Also provides assistance with connecting people to other community charities and programs.

717-709-7969

#### **Keystone Health Crisis Intervention**

Mental health or drug and alcohol emergency services. Open 24/7. 717-264-2555 or 1-866-918-2555

#### Mental Health Association of Franklin and Fulton Counties

Provides support for those living with mental health conditions. 717-264-4301 (Franklin) or 717-485-4642 (Fulton)

# **HEALTH (CONTINUED)**

#### **Nurse-Family Partnership**

Free program for those who are pregnant with their first baby. After enrolling you will be connected to an RN who will provide the support, advice, and information you need to have a healthy pregnancy, a healthy baby, and be a great parent. Open to anyone pregnant with their first child, pregnant 28 weeks or less, and meet income requirements.

Call 717-782-2335 or text 717-603-1000 for more information and to apply.

#### **Pregnancy Ministries**

Support for expectant parents and babies. Locations in Chambersburg, Shippensburg, Greencastle, and Waynesboro.

717-267-3738

#### Service Access & Management, Inc. (SAM)

Helps people in Franklin/Fulton County to enhance the quality of their lives by effectively and efficiently managing and/or providing needed, accessible, and individually satisfying human services. Provides mental health targeted case management services, intellectual disability support coordination services, and early intervention services. These services are available to those who qualify based on diagnosis and asset requirements.

717-261-1555 or 717-709-4321

#### **Shippensburg Community Nurse**

Free in-home nursing assessment, medication management, and procedures not covered by insurance. Any person 18 and older living in the greater Shippensburg area qualifies; patients must have a primary care provider.

717-530-7900

#### Waynesboro Hospital (WellSpan)

Provides assistance for those who need help paying their bills. 717-267-3406

# **PHARMACIES/PRESCRIPTIONS**

#### Franklin County Prescription Discount Card

Call 717-261-2561 to get the card and 1-877-321-2652 for a list of participating pharmacies.

#### GoodRx

Save up to 80% on prescriptions. Download the app on your smartphone or search for your drug name on goodrx.com and print the coupon. GoodRx can only be used at certain pharmacies. Call ahead to determine if your pharmacy accepts these coupons. 855-268-2822 • www.goodrx.com

#### **Keystone Health**

Offers a variety of discounted prescriptions to eligible patients. Free prescription delivery within a 10-mile radius. Also offers a 340B discount program which can be used at several local pharmacies.

717-709-7977

#### **Operation Concern**

Financial assistance in paying for medications. 717-261-1328 or 717-261-1708

#### **Partnership of Prescription Assistance**

www.pparx.org

#### **Patient Assistance Program**

Free or low-cost medicine to uninsured persons who cannot afford their prescriptions. www.rxassist.org

#### Pharmacy Discount Card—Familywize

Anyone can use this discount card—with our without insurance. Www.familywize.org

#### **Salvation Army**

May be able to offer assistance for paying for prescriptions. 717-264-6169 • 159 Lincoln Way West, Chambersburg, PA 17201

### **Social Security Administration**

Assistance with premiums, co-pays and annual deductibles for eligible Medicare patients. 1-800-772-1213

### **Waynesboro Community and Human Services**

Assistance for Waynesboro and Greencastle residents. 717-762-6941

### \$4 and \$10 Generic Prescriptions

Ask your pharmacy about this program. Some participating pharmacies include Target, Walmart, and Giant.

# **TRANSPORTATION**

#### 211

Dial 211 from any phone for free information about other community resources.

#### **Commuter Services of Pennsylvania**

Offering transportation resources to help you get to and from work in a more efficient way. Earn rewards on every green trip you take.

1-866-579-RIDE • www.PaCommuterServices.org

#### RabbitTransit

Paratransit (shared ride) and Stop Hopper (on-demand shuttle) services are available for anyone to use. You may qualify for reduced or free rates if: you are currently on Medical Assistance through the Department of Human Services, you are a person with a disability, and/or you are 60 or older.

717-846-RIDE (7433) or 1-800-632-9063

# **SOCIAL ISOLATION**

#### 211

Dial 211 from any phone for free information about other community resources.

#### The Arc

Offers free social events each month. Everyone is welcome to attend. 717-264-4390

#### **Coyle Free Library**

Offers a variety of free programs, classes, and movies each month. 102 N Main St, Chambersburg, PA 17201 • 717-263-1054

#### Franklin County Area Agency on Aging

Offers several services to enhance the quality of life for persons 60 years old or older. 717-263-2153 or 1-800-642-6990

#### Samaritans 24/7 Helpline

Each day, people who are lonely, desperate, or struggling can turn to Samaritans for compassion and support. Call, text, and chat support services available.

1-877-870-4673 • www.samaritanshope.org

#### **Senior Reach**

Free program providing reassurance for senior citizens or their caregivers, retirees, widowed persons, etc. who might find comfort in having a Peer Specialist/Call Specialist contact them to talk on a regular basis. For individuals 60 and over.

717-264-4301

#### Stephen Ministry — First United Methodist Church of Chambersburg

For anyone who wants someone to talk to, needs encouragement, and/or support during difficult times.

717-263-8491

**Other Programs:** Contact your nearest library, church, or activity center to inquire about other social clubs and events throughout the year.

# **MILITARY SUPPORT**

#### 211

Dial 211 from any phone for free information about other community resources.

#### Franklin County Veteran Affairs

Helps veterans and their families with benefits and resources, submission and appeals of benefit claims, healthcare enrollment assistance, and outreach programs.

425 Franklin Farm Lane, Chambersburg, PA 17201 • 717-263-4326

#### **National Call Center For Homeless Veterans**

Free and confidential information about programs, healthcare, and other VA services. 1-877-424-3838

#### North Point Veteran's Home

Housing support for homeless veterans including employment services. 328 N. Potomac St., Hagerstown, Maryland 21740 • 410-453-9553 x 3333 • www.waystationinc.org

#### **Operation Homefront**

Provides several types of support to military members and their families including housing/rent, food, holiday meals, scholarships, and baby/children supplies.

(210) 659-7756 • www.operationhomefront.org

#### PA Career Link - Employment Services Designed For Veterans

717-264-4584 • www.pacareerlink.pa.gov

#### Pennsylvania Wounded Warriors

Supports Wounded Warriors, Veterans in Crisis, and their families. Emergency financial assistance to help pay for housing, utilities, transportation, medical, and other expenses. 1-855-729-9435

#### **US Department of Veteran Affairs**

Offers support to military members and their families including health care and benefits, housing support and home loans, vocational rehabilitation, burials and memorials.

1-800-698-2411 • www.va.gov

#### **Veteran's Crisis Line**

1-800-273-8255 (Press 1) or text 838255

#### **Veteran's Guide**

Helps veterans obtain the maximum compensation and VA benefits they deserve. www.veteransguide.org

#### **Veteran's Multi-Service Center (Franklin and Fulton Counties)**

Comprehensive support services to help low-income veterans move into their own housing, access benefits, employment, and much more.

844-226-0368 · centralpainfo@vmcenter.org

# **LEGAL SERVICES**

#### 211

Dial 211 from any phone for free information about other community resources.

#### Franklin County Area Agency on Aging

Legal support for low-income people who are 60 or older. 717-263-2153 or 1-800-642-6990 • www.franklincountypa.gov

#### Franklin County Legal Services

Legal support for low-income residents in civil, non-criminal matters. 717-262-2326 • www.fcls.net

#### MidPenn Legal Services

Offers legal support for low-income residents. 717-264-5354 or 1-800-372-4737 • www.midpenn.org

#### Office of the Public Defender

Call to schedule an appointment to fill out your application for representation by a public defender.

717-261-3863

#### Women In Need

Offers legal support for victims of abuse and violence. Men can also call. 717-264-4444 or 1-800-621-6660